



### *Through the Window: Transform Your Image*

- 2 Write words describing—or make a small sketch of—a problem, a fear, or a concern in the “window” on this piece of paper.
- 2 Transform the words or the image into a positive statement by adding color, shapes and/or an image.

*“...through the magic of art, I became part of that happy world of illusion...[it] taught me how to see the world in brighter hues, and turned my sadness into hope.” – Nelly Toll*